

*Materials:* Two different colored balls; e.g., yellow and blue, index cards (*optional*), cassette or CD player with tape or CD.



*Object of the game:* Two children “race” to step forward and say a kind remark about the person on either side of them in order to remain in the game.

*Directions:* Have children sit or stand in a circle. Give one ball to a child on each side of the circle.

“Kindness Counts is similar to Musical Chairs and Hot Potato. When the music starts pass the balls to your right around the circle, continuing until the music stops. Whoever is holding a ball should step forward and say something kind about the person on either side of him. The first person to say something kind remains in the game but the other person must leave the circle. You must give a *different* kindness remark each time.

The last two children in the circle are the winners.”

Discuss kindness ahead of time and record remarks on index cards. Use the cards for reference during game as needed.

—Adapted from an idea by David Roos

