



1 SAMUEL 17:45-46

Then David said to the Philistine...I come to you in the name of the Lord of hosts, the God of the armies of Israel, whom you have defied. ⁴⁶This day the Lord will deliver you into my hand... that all the earth may know that there is a God in Israel.

A young man named David had a GIANT problem! The Bible tells about a giant named Goliath, who shouted threats at the army of Israel. He made fun of the true and living God. The Israelites were all afraid—even the king!

David was angry when he heard Goliath's evil words. He went to King Saul and said he would fight the giant. But, David was young. He was not a mighty soldier. How could he fight this huge enemy?

David knew he couldn't beat Goliath—but God could. David told the king that when he took care of his father's sheep, a lion and then a bear came to attack them. God helped David kill them. Then David said, "The Lord who delivered me from the paw of the lion and from the paw of the bear will deliver me from the hand of this Philistine [Goliath]" (1 Samuel 17:37).

When you have a problem, you can do what David did. Think about problems God has helped you with before. Think about how faithful and trustworthy God is. Then trust God to help you again. He did it for David! With God's help, David killed the giant. God will help you, too, if you'll trust Him.



THINK ABOUT IT!

What is one way God has helped you with a big problem?



TALK TO GOD

Thank God for how He has helped you before. Thank Him that you can still trust Him with every problem.