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More than things

 **DAILY READING:**
Luke 12:22-23

What do you need to have in order to live? Maybe you thought of food, water or clothes.

Do you ever worry about not having those things you need? Jesus had something to say about that.

LUKE 12:22-23 And he said to his disciples, “Therefore I tell you, do not be anxious about your life, what you will eat, nor about your body, what you will put on. ²³For life is more than food, and the body more than clothing.

THINK ABOUT IT!

Worrying is feeling uneasy or anxious about things. What did Jesus say not to worry about?

It’s easy to spend lots of time worrying about things you don’t have. God doesn’t want you to worry about these things. What are some of the important things God wants you to think about instead?

Instead of worrying, spend your time getting to know God better. Think about other people and how you can help them. Thank God for all He has given you. The Bible says, “casting all your anxieties on him, because he cares for you” (1 Peter 5:7). What are some things you need to tell God about instead of worrying?



PRAY

Ask God to help you trust Him with everything in your life.